

WHAT IS FAMILY PLANNING? FAMILY PLANNING IN TURKEY

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ABSTRACT

Being accepted as the smallest unit and block of the community, family is undoubtedly is one of the most crucial factors that create a community. Basic unity that is formed by mutual interaction and relationship within family provides maintenance to the life. Due to the fact that bearing a child is easy, providing a good future is difficult. That's why, family planning keeps its importance in medical services. Family planning offers opportunities to the families in order to choose the most suitable family planning for them. Population increase directly impacts medical circumstances in terms of nourishment, sheltering and other needs which are a must to keep living. Thanks to family planning, not only pregnancies that are to happen so often in wrong times, but also negativities that might happen in child and mother health resulting from continual bearings can be precluded. Family planning services are being given throughout the country. As in the other medical units, in family planning units, there appears to be differences according to the features such as cultural, social and topographic ones that affect life quality. In our country, mother-child health, community health centers, family planning centers and hospitals, which are affiliate to the Ministry of Health, offer family planning services. Family planning services in our country is getting more and more common. Families are going to reach success in terms of family planning subject, through effective contraceptive modern methods. Intervention circumstances to implement effective modern methods (educated staff, materials, etc.) can be accessed only by organizing a good medical method extending over the parts of the country too difficult to reach.

Key Words:Family, Health,Family Planning ,Population Density

INTRODUCTION

The role of the family planning is considerably crucial in preventing unwanted pregnancies in Turkey. Though economic opportunities and natural resources are little in a country, if the population is increasing rapidly, a family planning must be effectively implemented in that country. As long as implementing an effective family planning, it is seen that there is decrease in mother and baby deaths.

WHAT IS FAMILY PLANNING?

Limiting number of children doesn't mean family planning. If we are to make a general definition of family planning; (<http://hasuder.org/anasayfa/index.php/uereme-sagl-g/163-nuefus-politikolari-aile-planlamasi-ve-duesuekler-hasuder-uereme-sagligi-grubunun-goeruesue>)

Family planning is that families have the number of children whom they can meet their material and nonmaterial needs whenever they wish, in other words, those whom they can look after and prepare for the future.

Family Planning Services in Turkey:

By implementing family planning properly on time and transferring genetic features to later generation results in both maintaining the lineage and accomplishing the main goal of breeding (Turan ve Cömert, 2005).

That women are aware of family planning and that the sources they are informed by and the methods they used during post-bearing must be done completely Erenel, Kavlak and Bingöl (2011, p.69)

Majority of the married women know at least one family planning in Turkey (Duman, 2005, p.11).

Among married women, usage of modern family planning methods is implemented in all education levels (Ergöçmen, Hancıoğlu, Ünalın, 1995).

And upon the development the industry, as a result of increase of women participation in work life, we see that the wish they want a child decreases (<http://www.pasulya.com/aile-planlamasi-nedir-onemi-nedir>).

Family planning in Turkey is implemented in each step by both public and private sector. It is provided by all medical staff who have been educated with regard to consultancy services. RIA application: Doctor, midwife, nurse, ob/gyn who are certificate holder. MR application: ob/gyn. He/she must be certificate holder in consequence of his/her education. Vasectomy: Doctor who obtained his/her certificate after an education, urologist. Tubal ligation: can be implemented by general surgery specialist and ob/gyn (<http://ailehekimligi.gov.tr/ana-cocuk-sal/281-aile-planlamas.html>).

POPULATION DENSITY AND FAMILY PLANNING

Family is a self-renewing and communal organism (Turinay, 1996, p.32).

Population growth speed, From the foundation of the Republic to 1965, we see that supportive policies had been implemented. Population planning passed to anti-natalist policy after usage of setting family planning method free in the law no 557.

In the second act that regulates law no 2827 family planning, it is stated that the innovations that it brings has importance in inter-sectors cooperation. Yet, today, cooperation is not completely performed (<http://www.saglikisifa.com/332-Aile-Planlamasi.html>). Increases and decreases in the population is of particular concern to executives and scientists in all countries (Fişek, 1971).

Decrement of fertility in Turkey that has a young structure hasn't changed that structure very much (Cerit, 1989, p.80).

Service utilities should be created by taking population density in the area in which work is performed and planning it. Public education and mass Project will have importance in regions where many problems are located for service experts. Also, by benefitting mass media tools, it will give importance to reaching people methods. In regions where population density is low, the contribution of home visits will be more. There will be opportunities for fast home screening by lots of staff, sufficient number to the population in other words (Tomanbay, 1992, p.171).

THE GOALS OF FAMILY PLANNING

Preventing women's health in danger, by precluding that they frequently give births. Precluding unwanted pregnancies. Supporting those who want to have a child. Getting women informed about the drawbacks of being pregnant at very young or very old age and taking precautions. Getting women and men at fertile period informed about how breeding happens and how birth control is implemented.

Getting family members informed about contagious diseases and genetic diseases. Informing the mother about suitable age to give birth. Informing families for children to grow up in healthy way. Informing people about that they not have children at the number they want but that number they can look after. Helping infertile couples about them having children.

WHERE ARE FAMILY PLANNINGS ARE SERVED?

Maternal and infant health and family health and family planning centers have importance of supplying these services to public. (condom, KOK, spermicidal) pharmacies play a significant role in supplying pregnancy-preventive methods to public. Nurses and midwives take in charge as educator, consultant, researcher and practitioner in presenting family services during home visits, which is one of the clinic-based and community-based services. Commonly, services are also given in family planning clinics in public and maternity hospitals (<http://ailehekimligi.gov.tr/ana-cocuk-sal/281-aile-planlamas.html>).

CONCLUSION:

Rapid population growth impacts countries economically in a country in a negative way. By getting the community informed through family planning, sufficient opportunities are

provided by slowing population growth down. Consequently, a more qualitative and developed community is formed. For a healthy generation, an effective family planning should be implemented and we must carry our country to those among healthy, well-educated, happy and those the economic opportunities of which are increased (<http://www.derszamani.net/aile-ve-nufus-planlamasi.html#>).

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